Three day leg cast study

Healthy volunteers required

The University of Nottingham

UNITED KINGDOM · CHINA · MALAYSIA

Our research group is looking into the effect 3 days lower leg cast immobilisation has on calf muscle changes in young and older people

We are looking for **young** (18-40 y/o) and **older** (65+ y/o) individuals to have a cast applied on one of their legs for 3 days.

This research aims to understand changes in the calf muscle and body during a short period of lower leg immobilisation. Findings from this study could help patients recover quicker from injury.

Inconvenience allowance will be paid

For more information please contact Arfan Ali on msxaa20@nottingham.ac.uk or 0115 8231412

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