

**THE TIM WEALTHALL MILE & RICHARD BELTON 5K, PLUS SUPPORTING MILES****THURSDAY 28TH JULY 2016****HARVEY HADDEN STADIUM, NOTTINGHAM****SUB 10.00 MIN MILE**

Pos	No	Surname	Forename	M/F	Age	Club	Time
1	324	ROBINSON	STUART	M	0	UNATTACHED	6.02.8
2	239	BARRATT	EMILY	F	U15G	GRIMSBY	6.11.3
3	292	CROSS	WARREN	M	U11	NOTTS AC	6.50.7
4	217	MASTON	SARAH	F	U15G	RUSHCLIFFE AC	6.51.3
5	260	MCNEIL	MELANIE	F	V40	WOODTHORPE H&P	6.52.8
6	274	HULLIS	LUKE	M	U11	RUSHCLIFFE AC	7.05.5
7	305	GRAY	IAN	M	V70	NORTHERN VETS	7.23.3
8	275	HULLIS	JENNIE	F	V45	UNATTACHED	7.35.4
9	216	GREGORY	STUART	M	SEN	DESFORD STRIDERS	7.37.8
10	220	PULLEN	LINDA	F	55-59	BARROW RUNNERS	7.52.7
11	323	ROBINSON	ELEANOR	F	V35	UNATTACHED	7.54.7
12	315	PLANT	FRIEDEL	F	V65	HOLME PIERREPONT	8.07.8
13	219	PULLEN	ROGER	M	60-64	ANSTEY AMBLERS & RUNNERS	9.04.2

**RICHARD BELTON 5K 'B' RACE**

Pos	No	Surname	Forename	M/F	Age	Club	Time
1	280	WARD	ADAM	M	U20	NOTTS AC	17.07.2
2	285	WILSON	DARREN	M	V40	HERMITAGE HARRIERS	18.27.2
3	290	HANCOCK	STUART	M	V50	HERMITAGE HARRIERS	18.39.7
4	259	GIBBONS	MARTYN	M	V40	FORMULA 1 CC	18.42.5
5	278	WARD	CHRSTOPHER	M	V50	UNATTACHED	18.56.8
6	243	ABBOTT	BENJAMIN	M	U23	NOTTS AC	18.58.6
7	322	KNIGHTON	JAMIE	M	0	UNATTACHED	19.19.1
8	319	WESTON	GEORGINA	F	U23F	NOTTS AC	19.23.5
9	210	FAIRBROTHER	ANDY	M	V40	FORMULA 1 CC	19.27.8
10	238	DAVIES	STEPHEN	M	V55	MANSFIELD HARRIERS	19.52.3
11	242	ECKERSLEY	PETER	M	V55	BRAT	20.40.8
12	324	ROBINSON	STUART	M	0	UNATTACHED	21.42.6
13	282	BUSWELL	HARRIET	F	U23	LEEDS CITY AC	DNF
14	256	ROBINSON	HANNAH	F	U23	NOTTS AC	DNF

**SUB 6.00 MIN MILE**

Pos	No	Surname	Forename	M/F	Age	Club	Time
1	273	HULLIS	TOBY	M	U15	RUSHCLIFFE AC	5.33.3
2	276	HULLIS	JON	M	V40	RUSHCLIFFE AC	5.33.7
3	281	NORMAN	CHARLIE	M	U15	SUTTON HARRIERS	5.34.8
4	225	MASTON	JONATHAN	M	V45	RUSHCLIFFE AC	5.41.1
5	223	MORRIS	RICHARD	M	35-39	REDHILL ROAD RUNNERS	5.44.0
6	304	CARTWRIGHT	JOE	M	U17M	NOTTS AC	5.48.6
7	222	PEARCE	CHARLIE	M	V40	UNATTACHED	5.49.1
8	306	CLARKE	MEGAN	F	U20W	NOTTS AC	5.49.8
9	330	WILLIAMS	EMMA	F	U17W	NOTTS AC	5.58.6
10	321	GOULD	AMELIA	F	U15G	NOTTS AC	6.01.4

11	310	GARSDIE	SAMANTHA	F	V35	NOTTS AC	6.02.7
12	318	HAWSE	ELLA-MAE	F	U15G	MABLETHORPE RC	6.08.5
13	226	SHIRLEY	VIC	M	V70	NORTHERN MASTERS	6.11.7
14	227	HAWSE	SHERYL	F	V35	MABLETHORPE RC	6.19.6
15	269	CULLEN	HUGO	M	U11	DONCASTER AC	6.32.1
16	303	ROBERTS	BARRIE	M	M70	BOURNVILLE HARRIERS	7.02.2

#### RICHARD BELTON 5K 'A' RACE

Pos	No	Surname	Forename	M/F	Age	Club	Time
1	254	KEAL	ROB	M	V40	NOTTS AC	15.29.0
2	212	THOMPSON	ALFIE	M	U20	LEICESTER CORITANIANS	15.30.7
3	257	POWELL	MARK	M	M35	LEICESTER CORITANIANS	15.46.9
4	272	WOOTTON	KATRINA	F	SEN	COVENTRY GODIVA	15.48.4
5	200	BICKERSTAFF	MATTHEW	M	SEN	HEANOR RC	15.51.9
6	334	LONG	STEPHEN	M	SEN	NOTTS AC	16.16.5
7	320	BEREHOWSKYJ	JAMES	M	SEN	UNATTACHED	16.22.5
8	271	JONES	BENJAMIN	M	SEN	COVENTRY GODIVA	16.27.9
9	287	MCDERMOTT	GAVIN	M	V45	HERMITAGE HARRIERS	16.39.5
10	213	GAY	GEORGE	M	SEN	CITY OF NORWICH AC	16.42.5
11	302	WIGMAN	LUKE	M	SEN	SUTTON HARRIERS	16.48.5
12	268	CROOKES	LUCY	F	SEN	LEEDS CITY AC	16.51.3
13	333	MUDDAMAN	JOHN	M	SEN	NOTTS AC	16.52.7
14	214	HAWSE	ROBERT	M	V35	MABLETHORPE RC	17.05.0
15	209	BENTLEY	ALFIE	M	SEN	UNATTACHED	17.09.3
16	207	BAXTER	CHRIS	M	SEN	BADGERS	17.57.0
17	204	HOLYLAND	ANNE	F	V35	WREAKE RUNNERS	18.00.9
18	211	POTTER	JULIET	F	SEN	CHARNWOOD AC	DNF

#### SUB 5.30 MIN MILE

Pos	No	Surname	Forename	M/F	Age	Club	Time
1	301	LOWE	ALFIE	M	U20	LEICESTER CORITANIANS	5.10.7
2	309	ANGELL	JOHN	M	SEN	UNATTACHED	5.15.7
3	328	HUTCHINSON	JAMES	M	V40	NOTTS AC	5.17.1
4	325	HUTCHINSON	FINLAY	M	U13	NOTTS AC	5.17.9
5	270	CULLEN	HENRY	M	U13	DONCASTER AC	5.20.1
6	245	PYE	KEVIN	M	V55	CHARNWOOD AC	5.52.9
7	242	ECKERSLEY	PETER	M	V55	BRAT	5.53.0
8	210	FAIRBROTHER	ANDY	M	V40	FORMULA 1 CC	5.53.9

#### SUB 5.00 MIN MILE & RICHARD BIRD LADIES MILE

Pos	No	Surname	Forename	M/F	Age	Club	Time
1	289	FLETCHER	JAMIE	M	SEN	NOTTS AC	4.40.1
2	337	MORONEY	JAMES	M	SEN	NOTTS AC	4.43.1
3	308	WILLIAMS	JASON	M	V40	HERMITAGE HARRIERS	4.48.5
4	336	DAY	LAURA	F	SEN	NOTTS AC	4.51.4
5	244	CLISHAM	MILES	M	U17	COVENTRY GODIVA	4.53.5
6	287	MCDERMOTT	GAVIN	M	V45	HERMITAGE HARRIERS	5.04.7
7	228	WARDLE	JAMES	M	U13	RUSHCLIFFE AC	5.05.7
8	230	FOX	ROBERT	M	V55	LONG EATON RC	5.10.1
9	332	BUTLER	ELSIE	F	SEN	CHARNWOOD AC	5.10.6

<b>10</b>	<b>283</b>	DUMELOW	MATTHEW	M	SEN	HERMITAGE HARRIERS	<b>5.22.1</b>
<b>11</b>	<b>258</b>	MCNEIL	LAUREN	F	U15	NOTTS AC	<b>5.24.6</b>
<b>12</b>	<b>232</b>	OXLAND	DAVID	M	M65	NOTTS AC	<b>DNF</b>

**TIM WEALTHALL MILE - SUB 4.30 MIN MILE**

<b>Pos</b>	<b>No</b>	<b>Surname</b>	<b>Forename</b>	<b>M/F</b>	<b>Age</b>	<b>Club</b>	<b>Time</b>
<b>1</b>	<b>288</b>	WIGHTMAN	JAKE	M	U23	EDINBURGH AC	<b>3.59.4</b>
<b>2</b>	<b>286</b>	WEIR	RICHARD	M	SEN	DERBY AC	<b>4.02.4</b>
<b>3</b>	<b>339</b>	BOYEK	CAMERON ROSS	M	SEN	SHILDON R & AC	<b>4.03.1</b>
<b>4</b>	<b>338</b>	CRABTREE	JACK	M	U23	SHAFTESBURY BARNET	<b>4.16.3</b>
<b>5</b>	<b>261</b>	WATSON	ALASTAIR	M	SEN	NOTTS AC	<b>4.18.4</b>
<b>6</b>	<b>284</b>	TAYLOR	LINTON	M	U23	NEWARK AC	<b>4.22.2</b>
<b>7</b>	<b>307</b>	CLARK	PADDY	M	U23	NOTTS AC	<b>4.23.4</b>
<b>8</b>	<b>335</b>	SMITH	ROBERT	M	SEN	NOTTS AC	<b>DNF</b>