

Notts AC Spring Spruce Open - 11.4.15

300mH U17W Time :10:37

Heat:1

1	366	CHLOE ESEGBONA	CITY OF STOKE AC	U17W	44.93
2	113	CHLOE WILDE	CANNOCK & STAFFORD	U17W	48.80
3	138	KATIE LORD	CANNOCK & STAFFORD	U17W	51.29
4	274	EMMA DAKIN	ROTHERHAM HARRIERS	U17W	57.51

400mH Women Time :10:47

Heat:1

1	251	NATALIE AINGE	CANNOCK & STAFFORD	SW	65.71
2	338	HARRIET ROBERTS	CHARWOOD AC	U20W	72.73
3	119	CAPRICE MILORO	SUTTON HARRIERS	U20W	75.65

400mH U17M Time :10:56

Heat:1

1	160	ALEX KNIBBS	AMBER VALLEY AC	U17M	60.43
2	277	NATHAN LANGLEY	WORKSOP HARRIERS	U17M	64.28
3	50	GEORGE DAVE	AMBER VALLEY AC	U17M	66.39
4	68	SCOTT RAM	AMBER VALLEY AC	U17M	68.08

400mH U20M+ Time :11:04

Heat:1

1	384	JAMES TAYLOR	CITY OF STOKE AC	SM	55.58
2	312	LUKE MORBEY	BIRCHFIELD HARRIERS	SM	57.60
3	48	KANE DENSLEY	TAMWORTH AC	U20M	60.28
4	373	JOE EPPS	UNIVERSITY OF SHEFFIELD	SM	64.28
5	325	MATTHEW ALLCOCK	SUTTON HARRIERS	U20M	66.85
6	224	DOMINIC RILEY	RETFORD AC	U20M	75.66

80m U11 Time :11:21

Heat:1 Wind : -1.0

1	241	MADELEINE TATHAM	AMBER VALLEY AC	U11G	12.93
2	153	JESSICA JOHNSON	NOTTS AC	U11G	12.95
3	136	FAITH DAVENPORT	NOTTS AC	U11G	13.46
4	175	ELIZABETH COLLINGS	AMBER VALLEY AC	U11G	13.63
5	258	HONEY HARRIS	NOTTS AC	U11G	15.72
6	96	KATARINA TAYLOR	RETFORD AC	U11G	16.76

80m U11 Time :11:21

Heat:2 Wind : -4.7

1	345	ELLA RUSH	AMBER VALLEY AC	U11G	13.11
2	188	ANYA SWIFT	AMBER VALLEY AC	U11G	13.32
3	356	LUCY RICHARDSON	CANNOCK & STAFFORD	U11G	13.58
4	367	MADELINE EATON-LYMER	UNATTACHED	U11G	13.83
5	299	MOLLY GREW	CANNOCK & STAFFORD	U11G	15.53
6	342	SARAH BOURNE	DERBY AC	U11G	16.57
7	260	ERIN CORRY	NOTTS AC	U11G	16.97

80m U11 Time :11:21

Heat:3 Wind : -6.5

1	346	CALUM HAYCOCK	CANNOCK & STAFFORD	U11B	13.40
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2	381	SHAYNE WILLIAMS	NOTTS AC	U11B	13.88
3	249	LOGAN MOLLAND	UNATTACHED	U11B	13.99
4	368	THOMAS CRAGG	NOTTS AC	U11B	14.04
5	240	LUKE SMITH	AMBER VALLEY AC	U11B	14.62
6	291	THOMAS KEMPSHALL	CANNOCK & STAFFORD	U11B	15.41

80m U11 Time :11:21

Heat:4 Wind : -5.0

1	155	QUINN WALKER	AMBER VALLEY AC	U11B	13.13
2	134	WILLIAM HAW	NOTTS AC	U11B	13.66
3	186	NICHOLAS SKINNER	AMBER VALLEY AC	U11B	13.71
4	272	AKEEM LAING	NOTTS AC	U11B	13.99
5	6	ZACK MICHALOWSKI	IVANHOE ROBINS	U11B	14.63
6	88	BENJAMIN ROBERTS	RETFORD AC	U11B	15.29

100m Women Time :12:49

Heat:1 Wind : -2.8

1	379	LOIS MASSEY	CITY OF STOKE AC	U15G	14.65
2	369	POPPY MALIK	NOTTS AC	U13G	14.78
3	302	NICOLE HARRIS	CITY OF STOKE AC	U15G	14.94
4	304	LAUREN HEDGES	CANNOCK & STAFFORD	U17W	15.40
5	377	GABRIELLA WILSON	AMBER VALLEY AC	U13G	16.03
6	127	ALEX ARBON	SUTTON HARRIERS	U13G	16.46
7	290	EMILY KEMPSHALL	CANNOCK & STAFFORD	U13G	16.95

100m Women Time :12:49

Heat:2 Wind : -3.4

1	239	LIBBY SHAW	AMBER VALLEY AC	U13G	15.90
2	388	FERN WILLIAMS	NOTTS AC	U13G	16.01
3	331	NIAMH KILGALLEN	TAMWORTH AC	U13G	16.05
4	141	MIA FRY	BURTON AC	U13G	16.21
5	116	FRANCESCA SHARPE	BURTON AC	U13G	16.64
6	177	RACHEL EARLEY	AMBER VALLEY AC	U15G	16.83
7	235	GRACE BENNETT	AMBER VALLEY AC	U13G	17.07

100m Women Time :12:49

Heat:3 Wind : -4.6

1	1	ELLIE BROWN	NOTTS AC	U13G	14.49
2	8	MOLLIE SWANN	CHARNWOOD AC	U13G	14.51
3	213	JASMINE GREENAWAY	IVANHOE ROBINS	U13G	15.65
4	66	CHARLIE YATES	AMBER VALLEY AC	U13G	16.36
5	341	HELEN BOURNE	DERBY AC	U13G	16.72

100m Women Time :12:49

Heat:4 Wind : -4.6

1	305	LOIS AITKEN	AMBER VALLEY AC	U13G	14.73
2	101	CHELSEA LEAM	AMBER VALLEY AC	U17W	14.95
3	200	NICOLE WILLIAMS	COVENTRY GODIVA	U15G	15.21
4	162	EMMA WESTON	NOTTS AC	U15G	15.30
5	180	CLAUDIA JOHNSON	AMBER VALLEY AC	U15G	15.46
6	191	AMELIA BANKS	AMBER VALLEY AC	U15G	15.71
7	324	JESSICA PUGH	AMBER VALLEY AC	SW	15.93

100m Women Time :12:49

Heat:5 Wind : -3.0

1	333	KATIE DYKES	CITY OF STOKE AC	U17W	14.23
2	374	TABITHA WOOLHOUSE	CHARNWOOD AC	U15G	14.26
3	32	BETH MORTIBOY	NOTTS AC	U20W	14.50
4	309	REBECCA WARDLE	CHESTERFIELD AC	U15G	14.61
5	360	KARLA TEECE	DERBY AC	U17W	14.63
6	233	FREYA TARBIT	DERBY AC	U17W	14.69
7	387	FIONNUALA KENDELLEN	CHESTERFIELD AC	U17W	14.76

100m Women Time :12:49

Heat:6 Wind : -2.2

1	187	AMBER SMITH	AMBER VALLEY AC	U17W	13.64
2	115	MAYAH CHARLES	NOTTS AC	U17W	13.67
3	263	ABA AMPONSA	DERBY AC	U15G	14.27
4	292	EMILY RACE	WORKSOP HARRIERS	U15G	14.30
5	21	EVIE WINTER	NOTTS AC	U17W	14.42
6	124	CHARLOTTE RIPLEY	NEWARK AC	U17W	14.62

100m Women Time :12:49

Heat:7 Wind : -4.5

1	90	AMY TIVEY	NOTTS AC	U15G	13.78
2	192	CLIONA ROSE PERKINS	W'HAMPTON & BILSTON	U17W	13.92
3	193	ELLIE SHAW	CITY OF STOKE AC	U15G	13.94
4	281	TARA PIGOTT	NOTTS AC	U17W	13.98
5	248	CHLOE GRAHAM	BURTON AC	U15G	14.44
6	70	VICTORIA JOHNSON	CHARNWOOD AC	U15G	14.51
7	263	ABA AMPONSA	DERBY AC	U15G	14.89

100m Women Time :12:49

Heat:8 Wind : -3.2

1	118	HANNAH MALPASS	CANNOCK & STAFFORD	U17W	13.35
2	228	MIA SPENCE	NOTTS AC	U20W	13.47
3	154	CHLOE GEE	AMBER VALLEY AC	U20W	13.64
4	268	LILY-MAY LAWRENCE	NOTTS AC	U15G	13.77
5	392	LUCY WHEELER	TAMWORTH AC	U15G	13.89
6	219	CHLOE BURNS	CITY OF STOKE AC	U17W	14.14
7	72	REBECCA SHEFFIELD	BURTON AC	U15G	14.15
8	120	RIMINI MILORO	SUTTON HARRIERS	U17W	14.30

100m Women Time :12:49

Heat:9 Wind : -4.0

1	308	KAISHA BUCHANAN	NOTTS AC	U17W	13.22
2	275	CHLOE LINDOP	CANNOCK & STAFFORD	U17W	13.61
3	53	JAZZMIN KIFFIN	CHARNWOOD AC	U17W	13.74
4	203	MILLIE JONES	UNATTACHED	U17W	13.91
5	227	COREY WILSON	CHESTERFIELD AC	U17W	13.95

100m Women Time :12:49

Heat:10 Wind : -3.6

1	278	CHARLOTTE MCLENNAGHAN	NOTTS AC	U20W	12.41
2	237	EMILY COOPE	AMBER VALLEY AC	U17W	13.34
3	103	OLIVIA WOODWARD	TAMWORTH AC	U20W	13.54
4	317	GABI BURTON	CANNOCK & STAFFORD	U20W	13.58
5	383	STEPHANIE PIKE	UNIVERSITY OF SHEFFIELD	SW	14.14

100m Women Time :12:49

Heat:11 Wind : -4.1

1	385	SOPHIE MILLY	DONCASTER AC	U17W	13.62
2	380	EMILY RILEY	DONCASTER AC	U15G	14.24
3	77	LYDIA VIOLET NAYLOR	AMBER VALLEY AC	U15G	14.29
4	93	LIBERTE TAYLOR	NOTTS AC	U15G	14.42
5	173	EMILY COLLEY	AMBER VALLEY AC	U17W	14.55

100m Women Time :12:49

Heat:12 Wind : -6.2

1	230	MILLIE FRANCE	NOTTS AC	U15G	15.64
2	60	AMY CULLINGWORTH	AMBER VALLEY AC	U15G	16.04
3	10	ANNA SMITH	NEWARK AC	U15G	16.49
4	242	OLIVIA HARTLEY	AMBER VALLEY AC	U15G	16.67
5	52	LEAH SMITH	CHARNWOOD AC	U15G	17.06
6	322	EDITH BURTON	DERBY AC	U15G	18.01
7	386	CHARLOTTE MILLY	DONCASTER AC	U15G	18.39

100m Men Time :12:39

Heat:1 Wind : -4.7

1	371	RYAN HALL	DERBY AC	U17M	12.67
2	378	BRENDON FOSTER	NOTTS AC	U15B	14.49
3	382	RHYS WILLIAMS	NOTTS AC	U13B	14.97
4	214	CHARLIE SNEATH	NOTTS AC	U13B	15.96
5	300	BILLY GREW	CANNOCK & STAFFORD	U13B	15.99
6	174	DANIEL COLLINGS	AMBER VALLEY AC	U13B	17.70
7	61	ALEXANDER CULLINGWORTH	AMBER VALLEY AC	U13B	18.15

100m Men Time :12:39

Heat:2 Wind : -3.0

1	328	WILLIAM PULLAN	HEANOR RC	U13B	14.35
2	296	TOM BLEWITT-JENKINS	IVANHOE RUNNERS	U13B	14.61
3	184	LOUIS RICE	AMBER VALLEY AC	U15B	15.02
4	179	HARLEY HUNT	AMBER VALLEY AC	U15B	15.87
5	95	ALEKSANDAR TAYLOR	RETFORD AC	U13B	16.04
6	5	LUCA MICHALOWSKI	IVANHOE ROBINS	U13B	16.09
7	67	SIMON RAM	AMBER VALLEY AC	U13B	16.94

100m Men Time :12:39

Heat:3 Wind : -6.8

1	181	JOSEPH JOHNSON	AMBER VALLEY AC	U15B	13.99
2	280	DARRYL PIGOTT	NOTTS AC	M45	14.09
3	172	JACK BERWICK	AMBER VALLEY AC	U15B	14.11
4	40	ALEX COOPER	NOTTS AC	U13B	14.72
5	11	BEN SMITH	NEWARK AC	U13B	15.49
6	46	MATTHEW RHYS BROWN	SUTTON HARRIERS	U15B	15.61

100m Men Time :12:39

Heat:4 Wind : -1.7

1	2	BEN HIGGINS	CHARNWOOD AC	U15B	12.88
2	319	DANIEL HILL	UNATTACHED	SM	12.97
3	26	LUKAS TOWNSEND	AMBER VALLEY AC	U17M	13.03
4	171	ADAM BERWICK	AMBER VALLEY AC	U15B	13.12

5	71	EDWARD SHEFFIELD	BURTON AC	U15B	13.17
6	68	SCOTT RAM	AMBER VALLEY AC	U17M	13.23
7	122	NICHOLAS PHILLIPS	DERBY AC	U15B	13.42
8	24	CYRUS CLARKE	AMBER VALLEY AC	U15B	13.70

100m Men Time :12:39

Heat:5 Wind : -3.4

1	250	DYLAN WOOD	CANNOCK & STAFFORD	U20M	12.18
2	201	JORDAN LIGHTFOOT	CITY OF STOKE AC	U17M	12.49
3	79	ASHLEY HOLMAN	BURTON AC	U20M	12.58
4	161	JAMES WESTON	NOTTS AC	U17M	12.65
5	65	JAMES ANDERTON	NOTTS AC	U15B	12.78
6	372	ATHEER GALDAGON	UNIVERSITY OF SHEFFIELD	SM	13.13
7	140	JACK WICKHAM	NOTTS AC	U20M	13.14
8	157	JAYDEN SABERTON	CITY OF SHEFFIELD AC	U17M	13.38

100m Men Time :12:39

Heat:6 Wind : -6.4

1	256	ANTHONY BROWNE	DONCASTER AC	M35	12.12
2	151	HARVEY ASHCROFT	DERBY AC	U17M	12.29
3	152	NIALL PRICE	W'HAMPTON & BILSTON	U15B	12.53
4	389	SERGIO HYLAND	BRATC	U17M	12.64
5	279	BENJAMIN LYNCH	NEWARK AC	U17M	12.76

100m Men Time :12:39

Heat:7 Wind : -1.3

1	211	BRET OKEKE	CITY OF STOKE AC	U17M	11.84
2	4	LOUIS O'CONNOR	NOTTS AC	U20M	11.91
3	390	JORDAN THOMPSON	DERBY AC	SM	12.07
4	42	KIERAN LEWIS	DONCASTER AC	U20M	12.16
5	376	MATTHEW ELLIS	UNATTACHED	SM	12.19
6	210	OLIVER SAWYERS	CITY OF STOKE AC	U20M	12.24

100m Men Time :12:39

Heat:8 Wind : -4.8

1	265	RYAN GORMAN	NOTTS AC	U20M	11.11
2	283	TIMMION SKERVIN	NOTTS AC	SM	11.60
3	169	JOSH BILLINGTON	STOKE AC	U20M	11.79
4	170	JACK ALLEN	AMBER VALLEY AC	U20M	11.81
5	370	JARROD SKERVIN	NOTTS AC	SM	11.96
6	20	ED BARBOUR	AMBER VALLEY AC	U20M	12.20
7	334	STEVEN LAMBOURNE	DONCASTER AC	U20M	12.26

600m U11 Time :13:17

Heat:1

1	241	MADELEINE TATHAM	AMBER VALLEY AC	U11G	2:02.68
2	345	ELLA RUSH	AMBER VALLEY AC	U11G	2:09.21
3	356	LUCY RICHARDSON	CANNOCK & STAFFORD	U11G	2:10.71
4	238	KATIE POTTS	AMBER VALLEY AC	U11G	2:25.46
5	342	SARAH BOURNE	DERBY AC	U11G	2:27.30
6	266	ELLISE PALMER	NOTTS AC	U11G	2:39.59
7	267	EMILE PALMER	NOTTS AC	U11G	2:42.18

600m U11 Time :13:17

Heat:2

1	346	CALUM HAYCOCK	CANNOCK & STAFFORD	U11B	2:03.46
2	186	NICHOLAS SKINNER	AMBER VALLEY AC	U11B	2:05.87
3	272	AKEEM LAING	NOTTS AC	U11B	2:13.36
4	291	THOMAS KEMPSHALL	CANNOCK & STAFFORD	U11B	2:15.93
5	15	LEO TOMSETT	NOTTS AC	U11B	2:33.47
6	6	ZACK MICHALOWSKI	IVANHOE ROBINS	U11B	2:42.72

800m U13 Time :13:40

Heat:1

1	92	LAUREN MCNEIL	NOTTS AC	U13G	2:42.81
2	111	YASMIN NUTT	NOTTS AC	U13G	2:46.04
3	399	AMBER HENDLEY	AMBER VALLEY AC	U13G	2:46.57
4	409	SIAN LEWIS	TAMWORTH AC	U13G	2:49.12
5	213	JASMINE GREENAWAY	IVANHOE ROBINS	U13G	2:51.55
6	388	FERN WILLIAMS	NOTTS AC	U13G	2:52.64
7	100	ABBIE DARNELL	CHESTERFIELD AC	U13G	2:54.55
8	290	EMILY KEMPSHALL	CANNOCK & STAFFORD	U13G	2:56.51
9	165	JENNIFER JONES	CANNOCK & STAFFORD	U13G	3:03.05
10	126	ABBIE DEEMING	HEANOR RC	U13G	3:27.05

800m U13 Time :13:40

Heat:2

1	85	SHAUN JONES	CREWE & NANTWICH	U13B	2:34.82
2	208	JONATHAN HOWKINS	AMBER VALLEY AC	U13B	2:39.08
3	109	HARRISON SIKORA-BRADLEY	NOTTS AC	U13B	2:47.31
4	206	HARLEY BEECH-MCPHILBIN	NOTTS AC	U13B	2:51.25
5	80	JOE JACKSON	DERBY AC	U13B	2:53.94
6	5	LUCA MICHALOWSKI	IVANHOE ROBINS	U13B	3:07.40
7	236	CAMERON COLLINS	AMBER VALLEY AC	U13B	3:13.33

800m U13 Time :13:40

Heat:3

1	11	BEN SMITH	NEWARK AC	U13B	2:26.83
2	394	LEO SAPORITA	NOTTS AC	U13B	2:53.24
3	400	DANIEL BRODERICK	NOTTS AC	U13B	2:54.98
4	357	WILLIAM SULLIVAN	NOTTS AC	U13B	2:59.97
5	298	DANIEL GOODWIN	STOKE AC	U13B	3:06.70
6	164	JOEL MCGRAW	AMBER VALLEY AC	U13B	3:12.73

800m U15 Time :13:58

Heat:1

1	262	MOLLIE SCOTT	RETFORD AC	U15G	2:35.57
2	77	LYDIA VIOLET NAYLOR	AMBER VALLEY AC	U15G	2:37.59
3	62	ISABELLE KELLY	CANNOCK & STAFFORD	U15G	2:38.47
4	10	ANNA SMITH	NEWARK AC	U15G	2:39.17
5	332	HOLLY DYKES	CITY OF STOKE AC	U15G	2:46.12
6	311	IMOGEN HARCUMBE	NEWARK AC	U15G	2:47.11
7	58	MOLLY BURGESS	RETFORD AC	U15G	2:56.37

800m U15 Time :13:58

Heat:2

1	306	JASMINE COOPER	DERBY AC	U15G	2:25.15
2	17	LILY WINFIELD	HEANOR RC	U15G	2:25.27

3	261	AMBER SCOTT	RETFORD AC	U15G	2:29.32
4	405	JASMINE STEVENS	CHARNWOOD AC	U15G	2:39.86
5	393	ANASTASIA STOCK-CLARKE	CHARNWOOD AC	U15G	2:40.97
6	402	ELLA ROBERTS	CITY OF SHEFFIELD AC	U15G	2:50.92

800m U15 Time :13:58

Heat:3

1	398	WILL TICHE	CHESTERFIELD AC	U15B	2:22.05
2	316	LUKE WARD	DERBY AC	U15B	2:22.45
3	329	KIEREN COLEMAN-SMITH	NUNEATON HARRIERS	U15B	2:26.05
4	87	SAMUEL ROBERTS	CITY OF SHEFFIELD AC	U15B	2:27.23
5	397	JACOB BUCKLEY	CHESTERFIELD AC	U15B	2:32.57
6	273	JAKE MARTIN	DERBY AC	U15B	2:34.11

800m U17 Time :14:11

Heat:1

1	163	TAMSIN MCGRAW	AMBER VALLEY AC	U17W	2:28.48
2	166	RACHAEL JONES	CANNOCK & STAFFORD	U17W	2:28.77
3	41	ELLIE COOPER	NOTTS AC	U17W	2:33.81
4	33	PIPPA NOCK	CANNOCK & STAFFORD	U17W	2:34.62
5	138	KATIE LORD	CANNOCK & STAFFORD	U17W	2:35.94
6	401	STEFFI LUKER EDWARDS	AMBER VALLEY AC	U17W	2:36.22
7	150	KELSEY WILSON	DONCASTER AC	U17W	2:43.14
8	408	ALEXANDRA KILTIE	DERBY AC	U17W	2:43.51
9	82	MEGAN CLARKE	NOTTS AC	U17W	2:45.49

800m U17 Time :14:11

Heat:2

1	403	JAMES LONSDALE	WORKSOP HARRIERS	U17M	2:09.83
2	130	DANIEL EVANS	DERBY AC	U17M	2:11.00
3	183	DANIEL JONES	AMBER VALLEY AC	U17M	2:11.74
4	252	JOSH CHARTERS	WORKSOP HARRIERS	U17M	2:18.62
5	81	CHRISTOPHER GOODALL	AMBER VALLEY AC	U17M	2:18.94
6	44	DEXTER DEAVILLE	AMBER VALLEY AC	U17M	2:20.87
7	362	CHRISTIAN HOWETT	AMBER VALLEY AC	U17M	2:23.45

800m U20+ Time :14:14

Heat:1

1	156	BRIONY BENDLE	CHARNWOOD AC	SW	2:24.73
2	355	TASHA STONE	CITY OF STOKE AC	U20W	2:32.70
3	286	EMMA PENNISTON	NENE VALLEY HARRIERS	SW	2:32.93

800m U20+ Time :14:14

Heat:2

1	315	MATTHEW WARD	DERBY AC	U20M	2:04.24
2	131	CALLUM DENBY-WHITT	SUTTON HARRIERS	SM	2:05.19
3	391	BRADLEY HAYCOCK	CANNOCK & STAFFORD	U20M	2:13.58
4	358	JAMES SCOTT	RUSHCLIFFE AC	SM	2:13.85
5	365	JAKE HINDMARCH	DERBY AC	U20M	2:16.32
6	14	GRAHAM MOFFATT	HOLME PIERREPONT RC	M45	2:16.46

70mH U13G Time :14:22

Heat:1 Wind : -2.3

1	305	LOIS AITKEN	AMBER VALLEY AC	U13G	12.96
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2	410	MEGAN LANG	UNATTACHED	U13G	13.17
3	331	NIAMH KILGALLEN	TAMWORTH AC	U13G	14.28

75mH Time :14:39

Heat:1 Wind : -3.4

1	45	TOM MARTINDALE	RUSHCLIFFE AC	U13B	16.88
2	43	CHARLIE MARTINDALE	RUSHCLIFFE AC	U13B	18.30

75mH Time :14:39

Heat:2 Wind : -4.7

1	268	LILY-MAY LAWRENCE	NOTTS AC	U15G	12.77
2	117	HANNAH BARNDEN	DERBY AC	U15G	13.38
3	302	NICOLE HARRIS	CITY OF STOKE AC	U15G	13.46
4	379	LOIS MASSEY	CITY OF STOKE AC	U15G	13.61
5	185	MOLLY SAXTON	AMBER VALLEY AC	U15G	16.96

75mH Time :14:39

Heat:3 Wind : -4.0

1	77	LYDIA VIOLET NAYLOR	AMBER VALLEY AC	U15G	14.12
2	374	TABITHA WOOLHOUSE	CHARNWOOD AC	U15G	14.28
3	248	CHLOE GRAHAM	BURTON AC	U15G	14.72
4	180	CLAUDIA JOHNSON	AMBER VALLEY AC	U15G	14.74
5	191	AMELIA BANKS	AMBER VALLEY AC	U15G	16.56
	99	HELENA SHAPTON	DERBY AC	U15G	DNF

75mH Time :14:39

Heat:4 Wind : -2.9

1	72	REBECCA SHEFFIELD	BURTON AC	U15G	12.55
2	292	EMILY RACE	WORKSOP HARRIERS	U15G	12.73
3	200	NICOLE WILLIAMS	COVENTRY GODIVA	U15G	13.09
4	232	MILLIE SHAW	CHARNWOOD AC	U15G	13.11
5	70	VICTORIA JOHNSON	CHARNWOOD AC	U15G	13.14
	99	HELENA SHAPTON	DERBY AC	U15G	DNF

80mH Time :14:51

Heat:1 Wind : -1.4

1	2	BEN HIGGINS	CHARNWOOD AC	U15B	12.48
2	172	JACK BERWICK	AMBER VALLEY AC	U15B	12.87
3	3	OLIVER DAKIN	CHESTERFIELD AC	U15B	13.53
4	412	CHARLIE PRICE	NOTTS AC	U15B	14.08
5	337	DANIEL CARON	NOTTS AC	U15B	16.05

80mH Time :14:51

Heat:2 Wind : -3.8

1	219	CHLOE BURNS	CITY OF STOKE AC	U17W	12.77
2	192	CLIONA ROSE PERKINS	W'HAMPTON & BILSTON	U17W	12.78
3	209	ROSE WINSPEAR	BARNSELY AC	U17W	13.36
4	225	EMILY-ROSE MAULE	RETFORD AC	U17W	14.05
5	76	AMY TIPPER	DERBY AC	U17W	15.62

100mH U20W+ Time :15:00

Heat:1 Wind : -2.2

1	119	CAPRICE MILORO	SUTTON HARRIERS	U20W	18.70
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100mH U17M Time :15:00

Heat:1 Wind : -2.2

1	243	TRf THOMAS	CHARNWOOD AC	U17M	14.31
2	50	GEORGE DAVE	AMBER VALLEY AC	U17M	15.87
3	277	NATHAN LANGLEY	WORKSOP HARRIERS	U17M	16.32

110mH Time :15:06

Heat:1 Wind : -2.1

1	373	JOE EPPS	UNIVERSITY OF SHEFFIELD	SM	17.67
2	384	JAMES TAYLOR	CITY OF STOKE AC	SM	18.45
3	140	JACK WICKHAM	NOTTS AC	U20M	18.71

150m U11 Time :15:22

Heat:1 Wind : -4.6

1	241	MADELEINE TATHAM	AMBER VALLEY AC	U11G	24.89
2	175	ELIZABETH COLLINGS	AMBER VALLEY AC	U11G	27.30
3	136	FAITH DAVENPORT	NOTTS AC	U11G	27.83
4	259	CHARDONNAY TRUIN	NOTTS AC	U11G	29.40
5	258	HONEY HARRIS	NOTTS AC	U11G	30.22

150m U11 Time :15:22

Heat:2 Wind : -2.3

1	188	ANYA SWIFT	AMBER VALLEY AC	U11G	24.41
2	238	KATIE POTTS	AMBER VALLEY AC	U11G	24.92
3	367	MADLINE EATON-LYMER	UNATTACHED	U11G	26.17
4	416	NYAH SAUNDERS	UNATTACHED	U11G	31.13

150m U11 Time :15:22

Heat:3 Wind : -0.2

1	414	DRE ROBINSON	UNATTACHED	U11B	24.15
2	415	NEO SAUNDERS	UNATTACHED	U11B	25.85
3	240	LUKE SMITH	AMBER VALLEY AC	U11B	26.51
4	291	THOMAS KEMPSHALL	CANNOCK & STAFFORD	U11B	27.37

150m U11 Time :15:22

Heat:4 Wind : -2.4

1	155	QUINN WALKER	AMBER VALLEY AC	U11B	24.32
2	186	NICHOLAS SKINNER	AMBER VALLEY AC	U11B	24.59
3	249	LOGAN MOLLAND	UNATTACHED	U11B	25.23
4	272	AKEEM LAING	NOTTS AC	U11B	25.28

200m Women Time :15:55

Heat:1 Wind : -3.5

1	385	SOPHIE MILLY	DONCASTER AC	U17W	26.37
2	380	EMILY RILEY	DONCASTER AC	U15G	28.00
3	369	POPPY MALIK	NOTTS AC	U13G	29.69
4	411	ROSE SHUTTLEWORTH	UNATTACHED	VETW	32.05
5	141	MIA FRY	BURTON AC	U13G	32.09
6	331	NIAMH KILGALLEN	TAMWORTH AC	U13G	33.20
7	290	EMILY KEMPSHALL	CANNOCK & STAFFORD	U13G	35.43

200m Women Time :15:55

Heat:2 Wind : -2.8

1	187	AMBER SMITH	AMBER VALLEY AC	U17W	27.23
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2	60	AMY CULLINGWORTH	AMBER VALLEY AC	U15G	31.19
3	324	JESSICA PUGH	AMBER VALLEY AC	SW	31.56
4	341	HELEN BOURNE	DERBY AC	U13G	32.30
5	66	CHARLIE YATES	AMBER VALLEY AC	U13G	32.69
6	239	LIBBY SHAW	AMBER VALLEY AC	U13G	33.30

200m Women Time :15:55

Heat:3 Wind : -2.1

1	232	MILLIE SHAW	CHARNWOOD AC	U15G	28.69
2	295	MADELEINE TOMES	NOTTS AC	U17W	29.13
3	230	MILLIE FRANCE	NOTTS AC	U15G	29.87
4	101	CHELSEA LEAM	AMBER VALLEY AC	U17W	29.91
5	213	JASMINE GREENAWAY	IVANHOE ROBINS	U13G	30.00
6	121	FELICIA MILORO	SUTTON HARRIERS	U15G	30.06
7	38	ESME MOSS	AMBER VALLEY AC	U15G	30.53

200m Women Time :15:55

Heat:4 Wind : 0.5

1	392	LUCY WHEELER	TAMWORTH AC	U15G	26.10
2	248	CHLOE GRAHAM	BURTON AC	U15G	28.44
3	1	ELLIE BROWN	NOTTS AC	U13G	28.53
4	305	LOIS AITKEN	AMBER VALLEY AC	U13G	29.24
5	21	EVIE WINTER	NOTTS AC	U17W	29.33

200m Women Time :15:55

Heat:5 Wind : -1.4

1	133	MILLIE HAW	NOTTS AC	U15G	28.03
2	383	STEPHANIE PIKE	UNIVERSITY OF SHEFFIELD	SW	28.14
3	193	ELLIE SHAW	CITY OF STOKE AC	U15G	28.46
4	125	EMILY DEEMING	AMBER VALLEY AC	U17W	29.07
5	70	VICTORIA JOHNSON	CHARNWOOD AC	U15G	29.51
6	269	ALLEGRA SOUTAR	CANNOCK & STAFFORD	U15G	30.98

200m Women Time :15:55

Heat:6 Wind : -6.0

1	251	NATALIE AINGE	CANNOCK & STAFFORD	SW	26.92
2	113	CHLOE WILDE	CANNOCK & STAFFORD	U17W	27.92
3	163	TAMSIN MCGRAW	AMBER VALLEY AC	U17W	28.07
4	117	HANNAH BARNDEN	DERBY AC	U15G	29.34
5	333	KATIE DYKES	CITY OF STOKE AC	U17W	29.43
6	54	CHARLOTTE HALL	CANNOCK & STAFFORD	U17W	29.53

200m Women Time :15:55

Heat:7 Wind : -5.8

1	257	MEGAN DAVIES	CANNOCK & STAFFORD	U17W	26.32
2	237	EMILY COOPE	AMBER VALLEY AC	U17W	26.89
3	228	MIA SPENCE	NOTTS AC	U20W	27.20
4	154	CHLOE GEE	AMBER VALLEY AC	U20W	27.35
5	196	ALICE MELLOR	TAMWORTH AC	U17W	27.51

200m Women Time :15:55

Heat:8 Wind : -3.9

1	278	CHARLOTTE MCLENNAGHAN	NOTTS AC	U20W	23.78
2	103	OLIVIA WOODWARD	TAMWORTH AC	U20W	25.75

3 275 CHLOE LINDOP CANNOCK & STAFFORD U17W 26.80

200m Men Time :16:15

Heat:1 Wind : -3.5

1	371	RYAN HALL	DERBY AC	U17M	24.77
2	164	JOEL MCGRAW	AMBER VALLEY AC	U13B	32.58
3	67	SIMON RAM	AMBER VALLEY AC	U13B	33.55
4	174	DANIEL COLLINGS	AMBER VALLEY AC	U13B	33.72
5	51	CHARLIE DAVE	AMBER VALLEY AC	U13B	35.53

200m Men Time :16:15

Heat:2 Wind : -3.6

1	40	ALEX COOPER	NOTTS AC	U13B	27.60
2	328	WILLIAM PULLAN	HEANOR RC	U13B	27.97
3	296	TOM BLEWITT-JENKINS	IVANHOE RUNNERS	U13B	30.44
4	289	MARK PENNISTON	NENE VALLEY HARRIERS	U20M	31.67
5	95	ALEKSANDAR TAYLOR	RETFORD AC	U13B	31.72
6	85	SHAUN JONES	CREWE & NANTWICH	U13B	32.38
7	74	CAMERON WALKER	CITY OF SHEFFIELD AC	U13B	33.39

200m Men Time :16:15

Heat:3 Wind : -4.8

1	417	MARTIN WHITE	MANSFIELD HARRIERS	SM	25.77
2	26	LUKAS TOWNSEND	AMBER VALLEY AC	U17M	26.51
3	68	SCOTT RAM	AMBER VALLEY AC	U17M	26.87
4	44	DEXTER DEAVILLE	AMBER VALLEY AC	U17M	27.40
5	3	OLIVER DAKIN	CHESTERFIELD AC	U15B	27.56
6	280	DARRYL PIGOTT	NOTTS AC	M45	27.83

200m Men Time :16:15

Heat:4 Wind : -1.9

1	65	JAMES ANDERTON	NOTTS AC	U15B	25.17
2	64	SOLOMON UNWIN	CHARNWOOD AC	U15B	25.26
3	287	JAMES MELHUIH	RUSHCLIFFE AC	U17M	25.66
4	122	NICHOLAS PHILLIPS	DERBY AC	U15B	26.77
5	24	CYRUS CLARKE	AMBER VALLEY AC	U15B	27.59

200m Men Time :16:15

Heat:5 Wind : -2.2

1	12	JOSS MOFFATT	RUSHCLIFFE AC	U17M	24.25
2	358	JAMES SCOTT	RUSHCLIFFE AC	SM	24.77
3	79	ASHLEY HOLMAN	BURTON AC	U20M	25.09
4	285	ALEX GILLOTT	AMBER VALLEY AC	U17M	25.72
5	372	ATHEER GALDAGON	UNIVERSITY OF SHEFFIELD	SM	26.22
6	130	DANIEL EVANS	DERBY AC	U17M	26.69

200m Men Time :16:15

Heat:6 Wind : -5.7

1	250	DYLAN WOOD	CANNOCK & STAFFORD	U20M	23.64
2	160	ALEX KNIBBS	AMBER VALLEY AC	U17M	24.07
3	201	JORDAN LIGHTFOOT	CITY OF STOKE AC	U17M	24.53
4	42	KIERAN LEWIS	DONCASTER AC	U20M	24.68
5	243	TRf THOMAS	CHARNWOOD AC	U17M	24.72
6	344	LOUIS COLLEY	UNATTACHED	U17M	25.24

200m Men Time :16:15

Heat:7 Wind : -1.9

1	4	LOUIS O'CONNOR	NOTTS AC	U20M	23.19
2	73	SHAY WALKER	CITY OF SHEFFIELD AC	U20M	23.24
3	211	BRET OKEKE	CITY OF STOKE AC	U17M	23.30
4	256	ANTHONY BROWNE	DONCASTER AC	M35	23.74
5	226	NIALL CARNEY	SOLIHULL & SMALL HEATH	U20M	24.00

200m Men Time :16:15

Heat:8 Wind : 0.3

1	265	RYAN GORMAN	NOTTS AC	U20M	21.99
2	310	ELLIS GREATREX	W'HAMPTON & BILSTON	U17M	22.90
3	170	JACK ALLEN	AMBER VALLEY AC	U20M	23.36
4	169	JOSH BILLINGTON	STOKE AC	U20M	23.41
5	370	JARROD SKERVIN	NOTTS AC	SM	23.44

1500m Time :16:28

Heat:1

1	212	GEOFF LOWRY	AMBER VALLEY AC	M50	4:30.07
2	131	CALLUM DENBY-WHITT	SUTTON HARRIERS	SM	4:40.91
3	329	KIEREN COLEMAN-SMITH	NUNEATON HARRIERS	U15B	4:55.53
4	419	BEN ABBOTT	NOTTS AC	SM	4:56.70
5	404	IAN HEWITT	SINFIN RC	VETM	5:01.48
6	420	ETHAN BARR	AMBER VALLEY AC	U15B	5:05.08
7	286	EMMA PENNISTON	NENE VALLEY HARRIERS	SW	5:10.49
8	393	ANASTASIA STOCK-CLARKE	CHARNWOOD AC	U15G	5:23.49
9	82	MEGAN CLARKE	NOTTS AC	U17W	5:51.30

300m U17W Time :16:33

Heat:1

1	407	SHARHNEE SKERVIN	NOTTS AC	U17W	39.92
2	281	TARA PIGOTT	NOTTS AC	U17W	43.12
3	216	LEAH ALDRED	CANNOCK & STAFFORD	U17W	45.03
4	225	EMILY-ROSE MAULE	RETFORD AC	U17W	45.05
5	54	CHARLOTTE HALL	CANNOCK & STAFFORD	U17W	45.26
6	125	EMILY DEEMING	AMBER VALLEY AC	U17W	46.53

300m U17W Time :16:33

Heat:2

1	421	HARRIET ?	CHARNWOOD AC	U17W	41.23
2	347	ALISHA STROUD	BRAT	U17W	42.32
3	30	ISABELLE NEVILLE	TAMWORTH AC	U17W	42.72
4	53	JAZZMIN KIFFIN	CHARNWOOD AC	U17W	42.95
5	203	MILLIE JONES	UNATTACHED	U17W	43.29
6	323	DANIELLE SMITH	AMBER VALLEY AC	U17W	46.66

300m U15B Time :16:35

Heat:1

1	71	EDWARD SHEFFIELD	BURTON AC	U15B	39.46
2	64	SOLOMON UNWIN	CHARNWOOD AC	U15B	39.65
3	2	BEN HIGGINS	CHARNWOOD AC	U15B	41.30
4	413	ALFIE ORPWOOD-COLTON	NOTTS AC	U15B	42.07
5	176	WILLIAM COLLINGS	AMBER VALLEY AC	U15B	43.20

6	398	WILL TICHE	CHESTERFIELD AC	U15B	44.16
7	397	JACOB BUCKLEY	CHESTERFIELD AC	U15B	45.87

400m Time :16:57

Heat:1

1	395	AHMED LOHRECHE	ROTHERHAM HARRIERS	U17M	53.81
2	285	ALEX GILLOTT	AMBER VALLEY AC	U17M	58.34
3	375	REBECCA COPE	UNIVERSITY OF SHEFFIELD	SW	64.89
4	63	TREVOR JOLLY	AMBER VALLEY AC	M60	66.65
5	289	MARK PENNISTON	NENE VALLEY HARRIERS	U20M	71.11

400m Time :16:57

Heat:2

1	294	ADAM WARD	NOTTS AC	U17M	55.00
2	287	JAMES MELHUIH	RUSHCLIFFE AC	U17M	59.00
3	157	JAYDEN SABERTON	CITY OF SHEFFIELD AC	U17M	61.17
4	14	GRAHAM MOFFATT	HOLME PIERREPONT RC	M45	61.39
5	252	JOSH CHARTERS	WORKSOP HARRIERS	U17M	63.56
6	422	ALICE CUNNINGHAM	CORBY AC	U20W	64.94

400m Time :16:57

Heat:3

1	226	NIALL CARNEY	SOLIHULL & SMALL HEATH	U20M	52.60
2	218	DAVID PAUL UNDERWOOD	CANNOCK & STAFFORD	SM	52.99
3	37	TOM MANN	NOTTS AC	U17M	53.00
4	105	ANDREW WHITTINGHAM	DERBY AC	U17M	53.59
5	12	JOSS MOFFATT	RUSHCLIFFE AC	U17M	54.15
6	170	JACK ALLEN	AMBER VALLEY AC	U20M	54.27

400m Time :16:57

Heat:4

1	148	PSALM ROBERTS-NASH	W'HAMPTON & BILSTON	U17M	50.63
2	418	WILLIAM BRADLEY	SUTTON HARRIERS	U17M	53.62