

## UNDER 11 BOYS

### 80m *2007-Pym Westrik 13.0*

Jerome Tomlinson	11.8
Jalkan Wood	11.9
Jack Harmer	12.1
Daniel Griffiths	12.6
Alistair Hastie	12.7
Liam Machin	12.7
Kimarni Smith	13.1
Alexander Allsopp	13.2
Joshua Ilyk	13.3
Sam Potter Crookes	13.8
Jack Taylor	14.0
Jack Wickham	15.4

### 100m

Alistair Hastie	15.5
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### 150m *2007-Pym Westrik 24.0*

Jalkan Wood	22.1
Jack Harmer	23.4
Alistair Hastie	23.6
Daniel Griffiths	23.7
Liam Machin	24.1
Alexander Allsopp	24.4
Joshua Ilyk	24.4
Kimarni Smith	24.5
Jack Taylor	26.2
Callum Thompson	27.5
Jack Wickham	27.6
Matthew Williams	31.5

### 600m *2007-Robert Palmer 2.08.2*

Jack Harmer	1.55.0
Robert Palmer	1.59.1
Peter Mumford	2.00.6
Matthew Williams	2.35.1

### 1 Mile *2007-Robert Palmer 6.22.9*

### Long Jump

#### *2007-Sam Potter Crooks 3.03*

Alistair Hastie	3.56
Joshua Ilyk	3.38
Jack Taylor	3.01
Peter Mumford	2.81
Jack Harmer	2.67
Callum Thompson	2.26

### High Jump *2007-Sam Pitts 1.00*

Joshua Ilyk	1.10
Robert Palmer	1.00
Alistair Hastie	1.00
Sam Potter Crookes	0.85
Peter Mumford	0.80

### Turbo Javelin

#### *2007-Robert Palmer 12.55*

Robert Palmer	17.39
Jerome Tomlinson	14.12

## UNDER 13 BOYS

### 100m 2007-Jacob Heath 13.7

Ross Golledge	14.4
Matthew Keady	14.4
Maranga Mokaya	14.5
Nicky Carter	15.2
Ben Abbott	15.6

### 150m 2007-Alex Spencer Tansley 25.6

### 200m 2007-Jacob Heath 27.6

Matthew Keady	29.0
Paddy Clark	29.3
Ben Collins	30.2
Maranga Mokaya	30.3
Ross Golledge	30.5
Ben Johnson	30.8
Nicky Carter	32.5
Sam Pitts	37.6
Alissandru Coleman	38.0
Francesco Coleman	38.5

### 400m

Ben Johnson	65.00
Matthew Keady	67.60

### 800m 2007-Joe Johnson 2.30.3

Paddy Clark	2.25.7
Ben Collins	2.27.8
Ben Johnson	2.27.9
Sam Pitts	2.53.7
Kieran Laskawski	2.58.4
Kaci Ibeggazene	2.59.6
Alissandru Coleman	3.03.9
Callum Beck	3.06.0
Andrew McCarthy	3.10.0
Francesco Coleman	3.11.8

### 1500m 2007-Matthew Williams 5.04.1

Paddy Clark	4.54.8
Ben Johnson	5.02.5
Sam Pitts	6.16.6
Alissandru Coleman	6.53.3
Francesco Coleman	7.07.6

### 1 Mile 2007-Harry Foster 5.35.8

### 75mH 2007-Ross Golledge 14.5

Maranga Mokaya	13.0
Ross Golledge	13.7

### Long Jump 2007-Jacob Heath 4.57

Matthew Keady	4.36
Ross Golledge	4.31
Wyn Jones	3.48
Nicky Carter	3.46
Rory Westwood	3.31

### High Jump 2007-Jacob Heath 1.35

Ross Golledge	1.42
Maranga Mokaya	1.40
Ben Johnson	1.10

### Shot 2007-Ashley Gilder 8.61

Ross Golledge	6.88
Ben Johnson	6.21
Rory Westwood	5.73
Matthew Keady	5.39
Nicky Carter	4.58

### Javelin 2007-Ashley Gilder 29.22

Ben Johnson	30.04
Kieran Laskawski	18.49
Kaci Ibeggazene	14.20
Francesco Coleman	12.11
Sam Johnson	11.87
Sam Pitts	11.62
Alissandru Coleman	10.95

### Discus 2007-Ashley Gilder 23.29

### Hammer 2007-Ashley Gilder 31.69

## UNDER 15 BOYS

### 100m 2007-Grant Ward 12.0

Ross Walker Smart	11.7
Timmion Skervin	11.8
Mark Thompson	12.1
Anthony Griffiths	12.1
Jarrold Skervin	12.2
Perry Offler	12.4
Alex Ferguson	12.4
Ashley Gilder	12.6
Lewis Golledge	13.4
Said Ibeggazene	13.5
Josh Wainwright	14.2
Doug Musson	14.2
Philip Waring	17.8

### 200m 2007-Stephen Holder 24.8

Timmion Skervin	23.68
Jarrold Skervin	24.4
Perry Offler	24.9
Ashley Gilder	25.8
Lewis Golledge	27.1
Doug Musson	27.7
Freddie Hessian	30.5
Joe Coleshaw	31.0
Harry Foster	31.5

### 400m 2007-Stephen Holder 56.2

Robert Needham	54.1
Perry Offler	56.6
Lewis Golledge	59.5
Joe Johnson	59.6
Doug Musson	60.4
Said Ibeggazene	61.2
Joe Coleshaw	62.1
Harry Foster	65.40

### 800m 2007-Tom Collins 2.07.1

Robert Needham	2.00.8
Mark Thompson	2.05.63
Joe Coleshaw	2.14.9
Joe Johnson	2.18.9
Freddie Hessian	2.22.8
Harry Foster	2.24.2
Doug Musson	2.29.4
Ben Abbott	2.56.0
Philip Waring	3.00.9

### 1500m 2007-Tom Collins 4.20.38

Mark Thompson	4.25.5
Robert Needham	4.28.1
Joe Johnson	4.30.5
Joe Coleshaw	4.32.3
Freddie Hessian	4.50.2
Harry Foster	4.59.3
Doug Musson	5.08.7

### 1 Mile

Harry Foster	5.36.5
Ben Abbott	6.36.7

### 3000m 2007-Tom Collins 9.43.9

Mark Thompson	9.39.57
Joe Coleshaw	10.18.76

### 80mH 2007-Ross Walker Smart 13.0

<i>Perry Offler 13.0, Stephen Holder 13-0,</i>	
Perry Offler	11.80
Joe Johnson	13.8

### Long Jump 2007-Stephen Holder 5.99

Perry Offler	5.85
Robert Needham	5.29
Jarrold Skervin	4.70
Lewis Golledge	4.50
Philip Waring	2.51

### Triple Jump

Perry Offler	11.14
Harry Foster	7.82

### High Jump

*2007-Ross Walker Smart 1.77*

Ross Walker Smart	1.92 i
Perry Offler	1.70
Joe Johnson	1.50
Sam Mills	1.35

### Pole Vault 2007-Perry Offler 2.80

Thomas Lyons	2.60
Perry Offler	2.30
Mark Thompson	2.30

### Shot 2007-Anthony Pidgeon 11.04

Ashley Gilder	10.04
Perry Offler	9.71
Timmion Skervin	9.62
Alex Ferguson	8.96
Ryan O'Donnell	8.82
Robert Needham	7.77
Ryan MacPherson	7.58

### Javelin 2007-Anthony Pidgeon 56.30

Ryan O'Donnell	36.22
Mark Thompson	35.27
Ashley Gilder	32.53
Ryan MacPherson	24.56
Said Ibeggazene	21.98

### Discus 2007-Anthony Pidgeon 33.14

Ashley Gilder	30.14
Ryan O'Donnell	21.17
Ryan MacPherson	19.19
Lewis Golledge	17.52
Doug Musson	13.45

### Hammer 2007-Anthony Pidgeon 29.81

Ashley Gilder	46.51
Ryan Macpherson	31.35

## UNDER 17 MEN

### 60m

Elijah Skervin	7.30 i
Fraser Kesteven	7.60 i

### 100m 2007-Michael Warner 11.2

Elijah Skervin	11.1
Fraser Kesteven	11.7
Michael Wint	11.9
Ferley O'Connor	11.9
Ramone Williams	12.3
Michael Millers	13.0

### 200m 2007-Michael Warner 22.29

Elijah Skervin	22.4
Jack Johnson	23.4
Luis Alves	23.9
Ferley O'Connor	24.3
Fraser Kesteven	24.59
Michael Wint	25.0
Gary Pearson	26.4

### 400m 2007-Michael Warner 48.52

Luis Alves	52.5
Jack Johnson	53.3
Tom Collins	55.3
Abdullah Nur	55.8
Gary Pearson	57.2
Michael Millers	67.4

### 800m 2007-Lewis Bostock 1.59.6

Tom Collins	2.01.3
Blayne Pick	2.04.6
Luis Alves	2.10.5
Jack Johnson	2.10.7
Abdullah Nur	2.36.1
Fraser Kesteven	2.38.8

### 1500m 2007-Ben Norris 4.15.1

Ben Norris	4.07.5
Tom Collins	4.11.7
Blayne Pick	4.19.4
Josh Hall	4.59.9
Victor Ferdinando	5.50.8

### 1 Mile 2007-Blayne Pick 4.48.3

### 3000m 2007-Paul Thompson 9.04.34

Ben Norris	8.55.2
Tom Collins	9.21.49
James Taylor	10.02.5
Jack Johnson	10.91.00
Abdullah Nur	11.03.0

### 1500mSC 2007-Joe Mellor 4.47.1

James Taylor	5.14.7
Jack Johnson	5.36.6

### 2000mSC 2007-Joe Mellor 6.57.2

Jack Johnson	7.19.7
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### 100mH 2007-Tom Moakes 13.9

Matthew Salt	13.3
Fraser Kesteven	15.0
Gary Pearson	16.5
Jack Johnson	17.4

### 400mH 2007-Tom Moakes 56.27

Jack Johnson	59.1
Gary Pearson	63.4

### Long Jump 2007-James Baines 6.44

Fraser Kesteven	6.27
Neville Hamilton	5.81
Luis Alves	5.27
Elijah Skervin	5.18
Michael Ware	4.03
Michael Miller	3.99
Ramone Williams	3.48
Ferley O'Connor	2.39

### Triple Jump 2007-James Baines 12.29

Jack Johnson	12.31
Fraser Kesteven	11.44
Elijah Skervin	10.69
Gary Pearson	10.56

### High Jump 2007-Matt Madden 1.79

Tom Collins	1.78
Matthew Salt	1.60
Fraser Kesteven	1.55
Michael Ware	1.55

### Pole Vault 2007-Paul Thompson 2.50

### Shot 2007-Dan Gilder 12.11

Daniel Gilder	11.91
Anthony Pidgeon	9.85
Victor Ferdinando	8.25
Gary Pearson	7.59
Michael Ware	7.36
Paul Thompson	7.21

### Javelin 2007-Luke Peters 49.94

Anthony Pidgeon	52.07
Daniel Gilder	42.44
Michael Ware	42.15
Victor Ferdinando	40.50
Yves McKenzie	17.49

### Discus 2007-Daniel Gilder 34.16

Daniel Gilder	37.16
Victor Ferdinando	28.41
Anthony Pidgeon	28.14
Yves McKenzie	22.99

### Hammer 2007-Daniel Gilder 54.24

Daniel Gilder	55.94
Victor Ferdinando	28.35
Yves McKenzie	27.56
Michael Ware	17.12

## UNDER 20 MEN

### 60m

Michael Warner	7.12 i
Adam Goulding	7.26 i
Tom Moakes	7.47 i
Tom Offler	7.50 i

### 100m 2007-Dean Ward 11.4

Adam Goulding	11.00
Sam Cordin (HCA)	11.1
Michael Warner	11.45
Michael Wint	11.6
Louis Springett	11.8
Matt Madden	11.9
Lewis Summer Rell	11.9
Joe Mellor	12.3

### 200m 2007-James Thorne 23.1

Michael Warner	21.9
Sam Cordin (HCA)	22.0
Adam Goulding	22.7
Tom Offler	22.9
Tom Moakes	23.13 i
Lewis Summer Rell	23.3
Michael Wint	23.8
Louis Springett	24.6
Elliott Duckworth	24.9

### 400m 2007-Martyn Gibbons 49.74

Michael Warner	48.1
Sam Cordin (HCA)	49.0
Adam Goulding	50.4
Lewis Bostock	50.7
Tom Offler	51.3
Lewis Summer Rell	52.8
Louis Springett	53.1

### 800m 2007-Martyn Gibbons 1.51.91

Lewis Bostock	1.57.24
Andrew Warburton	2.06.2
Chris Keenan	2.07.5
Joe Mellor	2.14.5

### 1500m 2007-Martyn Gibbons 3.55.69

Chris McGurk	4.07.1
Peter Hodkinson	4.24.1
Joe Mellor	4.26.8
Chris Keenan	4.33.2
Matt Madden	5.35.74
James Baines	6.25.3

### 1 Mile 2007-Andrew Warburton 4.55.8

### 3000m 2007-Clark Hobson 14.10.5

Peter Hodkinson	9.35.9
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### 2000mSC 2007-Scott Rischer 6.48.9

Scott Rischer	6.39.8
Peter Hodkinson	6.46.7

### 3000mSC 2007-Scott Rischer 10.43.8

Scott Rischer	10.35.8
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### 110mH 2007-Andrew Pearson 14.6

Tom Offler	15.5
Tom Moakes	15.7
Andrew Pearson	16.3
Matt Madden	16.52
Scott Rischer	23.2

### 400mH 2007-Tom Offler 56.3

Tom Moakes	54.2
Tom Offler	55.44
Adam Goulding	64.8
Scott Rischer	72.0
Joe Mellor	72.89

### Long Jump 2007-Dave Posnet 6.39

James Baines	6.49
Andrew Pearson	6.30
Matt Madden	5.90

### Triple Jump 2007-Dave Posnet 13.20

James Baines	11.89
Matt Madden	11.87
Scott Rischer	10.43

### High Jump 2007-Matt Ashley 2.00

Matt Ashley	1.97
Matt Madden	1.80
Tom Offler	1.60
Adam Lyons	1.50

### Pole Vault 2007-Kurt Toms 3.50

Adam Lyons 3.50

Adam Lyons	3.60
Jonathan Kirkland (HCA)	3.40
Matt Madden	3.00
Scott Rischer	2.20

### Shot 2007-Charlie Kelvey 11.07

Matt Madden	8.53
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### Javelin 2007-Kurt Toms 38.74

Adam Lyons	33.20
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### Discus 2007-Chris Shorthouse 30.55

### Hammer

2007-Chris Shorthouse 63.57 (6k)

2007-Chris Shorthouse 54.88 (7.26k)

Adam Lyons	18.54
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## SENIOR MEN - Track

### 60m

Paul Judson	7.00 i
Mark Dunwell	7.00 i
Kasim Adesanya	7.42 i
Dalton Powell	7.43 i
Viv Oliver	7.55 i

### 100m 2007-Paul Judson 10.62

Luke Stott (HCA)	10.7
Paul Judson	10.71
Mark Dunwell	10.84
Matthew Green	10.9
Aaron Aplin	11.3
Dalton Powell	11.3
Joseph Hall	11.32
Kevin Hibbins (HCA)	11.6
Kasim Adesanya	11.6
Simon Wombwell (HCA)	11.75
Dan Everett (HCA)	12.09
Peter Sserunkuma	12.2
John Statham (HCA)	12.2
Clem Bartley	12.3
Viv Oliver	12.4
Thomas Wilson	14.2

### 200m 2007-Paul Judson 21.28

Paul Judson	21.19
Luke Stott (HCA)	21.8
Mark Dunwell	22.26 i
Matthew Green	22.4
Aaron Aplin	22.7
Dalton Powell	23.0
Joseph Hall	23.0
Martyn Gibbons	23.5
Kasim Adesanya	24.0
Simon Wombwell (HCA)	24.03
Dan Everett (HCA)	24.23
Viv Oliver	24.59 i
Bruce Raeside	24.9
Peter Sserunkuma	25.4
John Statham (HCA)	25.48
Clem Bartley	26.0
Thomas Wilson	29.0

### 400m 2007-Richard Hill 47.06

Matthew Green	49.37
Luke Stott (HCA)	49.93
Paul Judson	50.69 i
Martyn Gibbons	51.0
Bruce Raeside	52.8
Rob Barker Davies (HCA)	53.01
Dan Everett (HCA)	53.37
Cameron Sealy	71.9

### 800m 2007-Richard Hill 1.46.90

Richard Hill	1.47.22
Chris Warburton	1.49.75
Bruce Raeside	1.52.82
Martyn Gibbons	1.53.8
Richard Warburton	1.56.26
Steve Long	1.56.8
Ian Boneham	1.57.9
Richard Belton	2.01.8
David Oxland	2.16.9
Fred Pidgeon	2.18.95
Peter Robinson	2.39.3

### 1500m 2007-Chris Warburton 3.40.78

Chris Warburton	3.39.98
Bruce Raeside	3.44.66
Richard Hill	3.48.47i
Ian Boneham	3.51.06
Martyn Gibbons	4.02.23
Richard Warburton	4.02.48
Steve Long	4.04.9
James Hayden	4.07.8
Rob Denton	4.20.5
Richard Belton	4.24.2
Simon Burton	4.28.2
David Oxland	4.30.41i
Fred Pidgeon	4.50.2
Luke Gisby	4.56.1
Jim Midgley	5.25.2
Peter Robinson	5.48.8

### 1 Mile 2007-Chris Warburton 3.58.44

### 3000m 2007-Chris Warburton 8.01.98

Ian Boneham	8.13.43
Chris Warburton	8.20.40i
Richard Kay	8.48.2
Matt Blunden	8.56.7
Richard Belton	9.32.1
David Oxland	9.52.47i
Michael Benford	10.16.2
Ken Allen	12.09.1
Peter Robinson	12.34.5

### 5000m 2007-Martin Whitehouse 14.50.65

Ian Boneham	14.17.80
Jon Thewlis	14.22.40
Tim Hartley	14.51.4
Matt Blunden	15.07.8
Martin Whitehouse	15.09.90
Richard Kay	15.28.7
Tom Bailey	15.56.6
Simon Burton	16.59.0
David Oxland	17.22.24
Richard Darling	17.44.8
Michael Benford	17.58.0
Ken Allen	18.37.9

### 10000m 2007-Ian Boneham 31.00.7

Ian Boneham	29.20.04
David Oxland	37.02.7

### 2000mSC 2007-Sean Sutton 7.01.1

Rob Denton	6.59.9
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### 3000mSC 2007-Nick Talbot 9.25.79

Bruce Raeside	9.01.4
Nick Talbot	9.37.90
Colin Palmer	9.42
Tim Woodthorpe	10.14.03

## SENIOR MEN - Track

**110mH** 2007-Richard Belton 22.40  
Simon Wombwell (HCA) 14.93  
Dan Everett (HCA) 16.6  
Richard Belton 23.9  
Tim Woodthorpe 26.1

## 400mH

2007-Robert Barker Davis 60.4  
Dan Everett (HCA) 56.6  
Rob Barker Davies (HCA) 57.5  
Richard Belton 66.9  
Philip Clayton 73.3  
Cameron Sealy 84.9

## SENIOR MEN - Field

**Long Jump** 2007-James Douglas 5.99  
Kevin Hibbins (HCA) 6.52  
Mark Lawrence 6.42  
Mark Atkin 5.19  
Ian Harding 4.22  
Peter Sserunkuma 3.66  
Kev Brown 2.24

## Triple Jump

2007-James Douglas 11.63  
Mark Lawrence 12.97  
Dan Everett (HCA) 11.40  
Kevin Hibbins (HCA) 11.40  
Richard Belton 9.66  
Mark Atkin 9.01  
Ken Allen 8.20  
Cameron Sealy 8.03

## High Jump

2007-Trevantie Graham 1.65  
Zico Benjamin 1.80 i  
Peter Sserunkuma 1.65  
James Hayden 1.50  
Richard Belton 1.50  
Mark Atkin 1.40

## Pole Vault

2007-Bob Brown 2.70  
Zico Benjamin 4.20 i  
Bob Brown 2.60  
Ian Harding 2.10

## Shot

2007-Rob Careless 12.19  
Rob Careless 10.97  
Nigel Winchcombe 10.89  
Craig Lee 10.31  
Dan Everett (HCA) 9.57  
Kevin MacPherson 9.55  
Dalton Powell 9.20  
Chris Shorthouse 8.87  
James Davis 6.96  
Wayne Purchase 6.92  
Phil Clayton 6.84  
Ken Allen 4.15

## Javelin

2007-Chris Eden 62.01  
Chris Eden 62.00  
Clem Bartley 46.98  
Anthony Christian 36.90  
Kevin MacPherson 33.07  
Rob Denton 32.87  
Ian Harding 32.74  
James Hayden 32.19  
Phil Clayton 20.96  
Richard Belton 18.33

## Discus

2007-Nigel Winchcombe 37.23  
Nigel Winchcombe 36.64  
Mark Atkin 32.39  
Chris Shorthouse 30.22  
Ian Harding 25.96  
Rob Careless 25.91  
Kevin MacPherson 21.09  
James Davis 20.07  
Kev Brown 19.82  
Craig Lee 17.88  
Phil Clayton 17.27

## Hammer

2007-Robert Careless 58.46  
Chris Shorthouse 59.28  
Rob Careless 56.16  
Nigel Winchcombe 50.13  
Kev Brown 21.79  
Kevin MacPherson 20.94  
James Davis 16.71  
Cameron Sealy 14.13